

# ACHIEVING GOALS

SETTING THEM • REACH THEM • CELEBRATE THEM

92% of New Year's Resolutions fail within the first two weeks of January.  
How are you going to set yourself up to successfully reach your goals, both professionally and outside of your career.

At Red Tomato, we have a three-part approach to help you successfully reach your goals, in both your professional path and in your after 5pm life.

## GOAL

Define here: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Deadline: \_\_\_\_\_

### BREAK-UP INTO SUBTASKS:

Subtask 1: \_\_\_\_\_  
\_\_\_\_\_  
Subtask 2: \_\_\_\_\_  
\_\_\_\_\_  
Subtask 3: \_\_\_\_\_  
\_\_\_\_\_

## STRATEGY:

Benchmark 1: \_\_\_\_\_ Deadline 1: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Benchmark 2: \_\_\_\_\_ Deadline 2: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Benchmark 3: \_\_\_\_\_ Deadline 3: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Benchmark 4: \_\_\_\_\_ Deadline 4: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Benchmark 5: \_\_\_\_\_ Deadline 5: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Benchmark 6: \_\_\_\_\_ Deadline 6: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## CELEBRATION: